

(SOME) FAVORITE BOOKS AND CDS /DVDS

ANIMAL SPEAK-TED ANDREWS

A NEW EARTH-ECKART TOLLE (good audio book)

CELESTINE PROPHECY-JAMES REDFIELD or DVD

EASTERN BODY WESTERN MIND -ANODEA JUDITH

ENERGY MEDICINE -DONNA EDEN

HANDS OF LIGHT- BARBARA BRENNAN

HEAL YOU LIFE-LOUISE HAY

HEALING WITH WHOLE FOODS – PAUL PITCHFORD

INFINITE MIND-VALERIE HUNT

LIGHT EMERGING-BARBARA BRENNAN

JOYS WAY-BROUGH JOY

MUTANT MESSAGE DOWN UNDER-MARLO MORGAN

NOURISHING TRADITIONS -SALLY FALLON

QUANTUM HEALING-DEEPAK CHOPRA

RAWSOME-BRIGITTE MARS

THE COMPLETE GUIDE TO CLEANSING AND DETOX
the four winds holistic cleanse - NICHOLAS SCHNELL

*TRUE BALANCE-SONJA CHOQUETTE (good basic information book)

THE LAW OF ATTRACTION-ESTHER/JERRY HICKS (especially fun audio book) Also on U-tube, lots of good video clips.

THE FIELD- LYNN MCTAGGART

THE FOUR AGREEMENTS – DON MIGUEL RUIZ

THE FIFTH AGREEMENT - DON MIGUEL RUIZ AND DON JOSE RUIZ

THE HOLOGRAPHIC UNIVERSE- MICHAEL TALBOT

THE SECRET- DVD or BOOK

VIBRATIONAL MEDICINE- GERBER

WHAT THE BLEEP.... -DVD

ANYTHING BY CAROYLN MYSS

ANYTHING BY DEEPAK CHOPRA

ANYTHING BY ESTHER/JERRY HICKS

ANYTHING BY ECKART TOLLE
ANYTHING BY GREG BRADEN

Other fun explorations on line-Astro.com (Astrodienst)
On Thursdays, full astrology readings for free. Need to know the exact time and place of your birth.

HERBAL BOOKS

THE BOOK OF HERBALWISDOM-MATTHEW WOOD
SEVEN HERBS PLANTS AS TEACHERS- MATTHEW WOOD
THE EARTHWISE HERBAL -OLD WORLD MEDICINAL PLANTS
and NEW WORLD MEDICINAL PLANTS – MATTHEW WOOD
(anything by Matt Wood!)

THE PRACTICING HERBALIST-MARGI FLINT

FORAGER'S HARVEST-SAM THAYER
NATURE'S GARDEN-SAM THAYER

HEALING WISE-SUSUN WEED
MENOPAUSAL YEARS the wise woman's way – SUSUN WEED

HERBS FOR PETS- WULF/TILFORD

HERBAL ANTIBIOTICS – STEPHEN BUHNER
(anything by Buhner!)

MIDWEST FORAGING- LISA M. ROSE

MIDWEST MEDICINAL PLANTS – LISA M. ROSE

(THE) HERBAL MEDICINE MAKER'S HANDBOOK-JAMES GREEN

INDIAN HERBOLOGY OF NORTH AMERICA-ALMA HUTCHENS

NATIVE PLANTS NATIVE HEALING traditional Muskogee way-TIS MAL CROW

NURSE-HERBALIST -MARTHA MATHEWS LIBSTER

PLANT SPIRIT MEDICINE- ELLIOT COWAN

PLANTS USED BY THE GREAT LAKES OJIBWA-JAMES MEEKER/JOAN ELIAS/JOHN HEIM

(THE) WAY OF HERBS- MICHAEL TIERRA

WHAT'S DOIN' THE BLOOMIN'? -CLAYTON AND MICHELE OSLUND

ALL OF THE AUDOBON SOCIETY BOOKS