

(SOME) FAVORITE BOOKS AND CDS /DVDS

ANIMAL SPEAK-TED ANDREWS

A NEW EARTH-ECKART TOLLE (good audio book)

CELESTINE PROPHECY-JAMES REDFIELD or DVD

*ENERGY MEDICINE -DONNA EDEN

HANDS OF LIGHT- BARBARA BRENNAN

HEAL YOU LIFE-LOUISE HAY

HEALING WITH WHOLE FOODS – PAUL PITCHFORD

INFINITE MIND-VALERIE HUNT

LIGHT EMERGING-BARBARA BRENNAN

JOYS WAY-BROUGH JOY

MUTANT MESSAGE DOWN UNDER-MARLO MORGAN

PLANT SPIRIT MEDICINE- ELLIOT COWAN

QUANTUM HEALING-DEEPAK CHOPRA

RAWSOME-BRIGITTE MARS

THE COMPLETE GUIDE TO CLEANSING AND DETOX
the four winds holistic cleanse - NICHOLAS SCHNELL

*TRUE BALANCE-SONJA CHOQUETTE (good basic information book)

THE LAW OF ATTRACTION-ESTHER/JERRY HICKS (especially fun audio book) Also on U-tube, lots of good video clips.

THE FIELD- LYNN MCTAGGART

THE HOLOGRAPHIC UNIVERSE- MICHAEL TALBOT

THE SECRET- DVD or BOOK

VIBRATIONAL MEDICINE- GERBER

WHAT THE BLEEP....-DVD

ANYTHING BY CAROYLN MYSS
ANYTHING BY DEEPAK CHOPRA
ANYTHING BY ESTHER/JERRY HICKS
ANYTHING BY ECKART TOLLE

Other fun explorations on line-Astro.com (Astrodienest)

On Thursdays, full astrology readings for free. Need to know the exact time and place of your birth.

HERBAL BOOKS

THE BOOK OF HERBALWISDOM-MATTHEW WOOD
SEVEN HERBS PLANTS AS TEACHERS- MATTHEW WOOD
(anything by Matt Wood!)

THE PRACTICING HERBALIST-MARGI FLINT

FORAGER'S HARVEST-SAM THAYER
NATURE'S GARDEN-SAM THAYER

THE WAY OF HERBS- MICHAEL TIERRA

HEALING WISE-SUSUN WEED
MENOPAUSAL YEARS the wise woman's way – SUSUN WEED

WHAT'S DOIN' THE BLOOMIN'?-CLAYTON AND MICHELE OSLUND

NATIVE PLANTS NATIVE HEALING traditional Muskogee way-TIS MAL CROW

INDIAN HERBOLOGY OF NORTH AMERICA-ALMA HUTCHENS

PLANTS USED BY THE GREAT LAKES OJIBWA-JAMES MEEKER/JOAN ELIAS/JOHN HEIM

THE HERBAL MEDICINE MAKER'S HANDBOOK-JAMES GREEN

HERBS FOR PETS- WULF/TILFORD

ALL OF THE AUDOBON SOCIETY BOOKS
LOTS OF INFORMATION ON THE INTERNET